

**Aging in Persons with Intellectual and Developmental Disabilities
(w/ Laura Robinson & Frederick Wetzel) – 1.5 hours**

1 p.m. – 2:30 p.m.



Similar to the US general population, adults with intellectual and developmental disabilities (IDD) are living longer, acquiring late-life co-morbidities, and experiencing common acute conditions. Lifelong physical and cognitive disabilities can complicate treatment for older adults with IDD. During this presentation, we will identify and discuss age-related health concerns, address the importance of preventive health care and good nutrition, define diagnostic overshadowing, and establish how to advocate during medical appointments.

Laura Robinson is currently the Program Coordinator for the Finger Lakes Geriatric Education Center (FLGEC). She has over 30 years experience in the field of IDD.

June 6

Frederick Wetzel, PhD, is the former Downstate Director of the New York State Office for People with Developmental Disabilities (NYS OPWDD), Division of Quality Improvement/Bureau of Program Certification. Since retiring from OPWDD in 2010, Dr. Wetzel has provided consulting services to various agencies providing supports and services to individuals with IDD, as well as attorneys and advocates.

Location: Zoom

Autism Spectrum Disorder (ASD) 101 (w/ Hillarie Speziale) – 1 hour

11 a.m. - Noon



This presentation will include a brief history of autism including changes that occurred with DSM5 and identification of the core deficits. We will explore how these deficits, including the impairments in social skills, communication, and planning/execution of tasks, impact the individual across the lifespan. Co-occurring medical and mental health conditions, as well as recommendations for how best to support individuals with ASD and their families will be addressed.

Hillarie Speziale has been a mental health nurse practitioner for the past 15 years. She has worked almost exclusively with young adults with intellectual disabilities and ASD for the past seven years.

May 12

Location: Zoom

[Challenging Guardianship and Reviewing Alternatives to Guardianship \(w/ Robert Lodge\) – 1 hour](#)

10 a.m. – 11 a.m.



In this session, we will discuss challenging a guardianship dealing with abuses and rights violations. We will review less restrictive alternatives to guardianship, and when less restrictive alternatives to guardianship can benefit all parties.

Robert Lodge is a Staff Attorney with Disability Rights Pennsylvania. His focus during his career has been to represent people with mental health and other disabilities in the legal system.

April 19

Location: Zoom

[Diabetic/Insulin Class – 2 hours](#)

10 a.m. – Noon



During this in-person, hands-on training, participants will learn about the diabetes disease process, complications that occur, and the American Association of Diabetic Educators (AADE7tm) management, as well as hands-on instruction on insulin injections from a Certified Diabetic Educator (CDE). *****Limited to 4 participants. All attendees must wear a mask and follow MHW COVID-19 guidelines.*****

April 6

May 11

June 1

July 6

Location: Milestone HCQU West (MHW) – 1777 North Main Street Ext., Butler, PA

[Diabetic/Insulin Recertification Class – 1.5 hours](#)

10 a.m. – 11:30 a.m.



Has your Diabetic/Insulin certification expired or nearing expiration? If so, then you will want to take this interactive, recertification webinar. Participants will learn about the diabetes disease process, complications that occur, and the American Association of Diabetic Educators (AADE7tm) management, as well as hands-on instruction on insulin injections from a Certified Diabetic Educator (CDE). *****There are prerequisites for this class that must be completed prior to taking the webinar. Limited to 4 participants*****

April 20

May 18

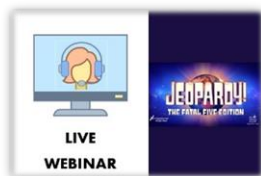
June 8

July 20

Location: Zoom

JEOPARDY! The Fatal Five Edition – 1 hour

11 a.m. - Noon



Think you know the Fatal Five? Join other players and test your knowledge on the five top health concerns that are the leading causes of often PREVENTABLE death in people with intellectual disabilities. This interactive training game follows the classic rules and all the fun of America's favorite quiz show with rounds for JEOPARDY!, Double JEOPARDY!, and Final JEOPARDY! plus "Daily Doubles". ****Active participation is required. Individual players only. No groups please.****

April 7

May 5

Location: Zoom

The Fatal Five – 1 hour

10 a.m. – 11 a.m.



There are five top health concerns that are the leading causes of often PREVENTABLE death in people with intellectual disabilities. Through this training we will look at these five conditions, and what we, as supporters, can do to reduce risk and possibly save lives.

April 25

June 28

Location: Zoom